



Staff Allergen Matrix – Come & Chop (Including Breakfast Extras)

Item	Gluten	Egg	Milk	Soya	Mustard	Celery	Sulphites	Peanuts	Tree Nuts	Crustaceans
Breakfast Roll / Wrap	Yes	Yes	Yes	May	May	May	May	No	No	No
Mini Pancakes	Yes	Yes	Yes	May	No	No	No	No	No	No
English Breakfast	Yes	Yes	Yes	May	May	May	May	No	No	No
Chicken Fillet Roll/Wrap	Yes	May	May	May	May	May	May	No	No	No
Mac & Cheese	Yes	No	Yes	May	No	No	No	No	No	No
Coleslaw	No	Yes	Yes	No	Yes	No	No	No	No	No
Plantain	No	No	No	No	No	No	No	No	No	No
Meat Pie	Yes	Yes	Yes	No	No	No	No	No	No	No
Suya Beef	No	No	No	May	No	No	May	Yes	Yes	No
Spicy Shrimp	No	No	No	No	No	No	May	No	No	Yes
Fried Chicken	Yes	Yes	May	May	May	May	May	No	No	No
Beef in Savoury Sauce	May	No	No	May	No	May	May	No	No	No
Jerk BBQ Chicken	May	No	No	May	May	No	May	No	No	No
Jollof Rice	No	No	No	May	No	May	May	No	No	Optional
Fried Rice	No	Yes	No	May	No	May	May	No	No	Optional
Churros	Yes	Yes	Yes	Yes	No	No	No	No	No	No
Puff Puff	Yes	Yes	Yes	Yes	No	No	No	No	No	No
Tres Leches	Yes	Yes	Yes	Yes	No	No	No	No	No	No

Item	Gluten	Egg	Milk	Soya	Mustard	Celery	Sulphites	Peanuts	Tree Nuts	Crustaceans
Fresh Juices / Boosters	No	No	No	No	No	No	No	No	No	No
Toast	Yes	No	May	No	No	No	No	No	No	No
Scrambled / Fried Eggs	No	Yes	May	No	No	No	No	No	No	No
Turkey / Beef Bacon	No	No	No	No	No	No	May	No	No	No
Chicken / Beef Sausage	Yes	No	No	May	May	May	May	No	No	No
Tater Tots	May	No	No	May	No	No	No	No	No	No
Baked Beans	May	No	No	No	No	No	May	No	No	No
Avocado	No	No	No	No	No	No	No	No	No	No
Cheese	No	No	Yes	No	No	No	No	No	No	No
Mayo	No	Yes	No	No	Yes	No	No	No	No	No
BBQ Sauce	No	No	No	No	Yes	No	Yes	No	No	No
Ketchup	No	No	No	No	No	No	Yes	No	No	No
Taco Sauce	No	No	No	No	No	No	Yes	No	No	No
Saucy Sauce	No	Yes	No	No	Yes	No	Yes	No	No	No
Strawberry & Cream	No	No	Yes	No	No	No	No	No	No	No

Yes = contains | May = may contain | Optional = depends on meat choice. Cross-contamination possible.